





























SEPTEMBER 2018



LIMESTONE MANOR ASSISTED LIVING

256.232.3900 | www.LimestoneManorAL.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Food: Apples 	FUN:  Fall Hat Month	Health Topic: Healthy Aging Month 	Celebration: National Assisted Living Week-Sept. 9-15			1 Bacon Day  Family & Friends Day
2 Coconut Day  8:30am Worship	3 LABOR DAY  1:30pm Bingo	4 Wildlife Day  10am Nature Party 1:30pm Bingo with Janice & Snacks	5 10am Sittercise 1:30pm Bingo with Joyce and Snacks	6 10:00am Balloon Volley Ball 1:30pm Bingo with Kay and Snacks	7 Grandma Moses Day  10am Paint & Sip	8 Drive Your Studebaker DAY! 
9 Grandparents Day "Moment of JOY" Grandparents Luncheon 12 Noon National Assisted Living Week	10 "Moment of Pride" 10am Resident Appreciation Reception  1:30pm Bingo	11 "Moment of Reflection" 12 Noon First Responders Luncheon & Mayor's Proclamation 1:30pm Bingo	12 "Moment of Gratitude" 1:00pm Staff Appreciation Potluck Lunch & Speaker 1:30pm Bingo with Joyce and Snacks	13 BINGO "Moment of Celebration" 1:30pm Bingo with Kay and Snacks 5:00pm Family Night Bingo, Pizza & Prizes	14 "Moment of Connection" 10:00am Sittercise 1:00pm Boot Scooters Line Dancing 	15 "Moment of Laughter" 10am Silly Party & Guess Who Game  Family & Friends Day
16 8:30am Worship Clean Hands Week 	17  10am Country Music and Snacks	18  Cheeseburger Day 1:30pm Bingo with Janice and snacks	19 10:00am Wall Puzzle 1:30pm Bingo with Joyce and Snacks	20  8:00am Flu Shots 10:00am Crafts 1:30pm Bingo	21 10:00am Balloon Volley Ball 1:30pm Bingo 	22 FALL Prevention Awareness Day!  Family & Friends Day
23 Day of Worship 8:30am Worship 	24 HAPPY BIRTHDAY! 10:00am Sittercise 1:00pm Monthly Birthday Celebration	25  10am Fall Hat Party 1:30pm Bingo with Janice and Snacks	26  10am Paint and Sip 1:30pm Bingo with Joyce and Snacks	27 Chocolate Milk Day  1:30pm Bingo with Kay & Choc Milk	28 10:00am Trivia 1:30pm Movie and Popcorn 	29 International Coffee Day  10am Coffee and Doughnuts
30 	Birthdays: Kathleen Wales - 7 th Eleanor Balch - 10 th				FLU SHOTS: September 20th at 8am	